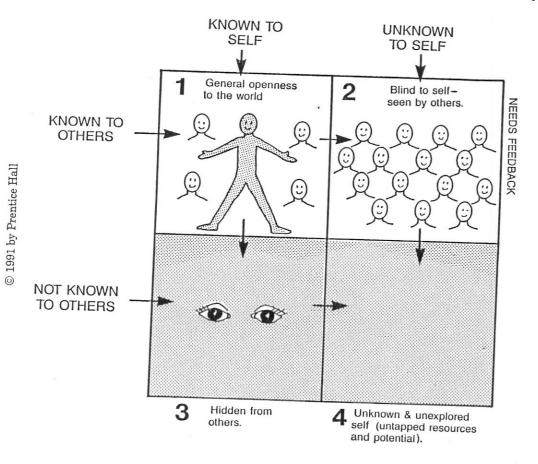
The Johari Window



- The *goal* in building a relationship is to enlarge the free area while decreasing the blind or hidden areas.
- Relationships are built gradually.

- Self-disclosure (personal sharing) must begin with a desire to improve the relationship with another.
- The size of each "pane of the window" is determined by the awareness of your feelings, behavior and motivation by yourself and others.
- A change in any one "pane" will affect the others.

